



Technology with a Capital “T”

by Scott Taylor, EdD, President & Executive Director

In the beginning, it was all about technology with a lower case “t.” Hemi-Sync® helped participants like you enter into states of expanded awareness quickly, hold them as long as you desired, and freely navigate the nonphysical universe. It was a profound discovery that put Bob Monroe and the Monroe Institute out front in the emerging world of consciousness exploration! [Read More](#)



Sophie’s Choice: A Transpersonal Experiment

by Andrea Berger, MS, Monroe Program Trainer

When I was interrogated in Communist Romania, after my mother and sister defected the country, I took the approach of being cheerful and smiling and shining my light brightly. That totally befuddled and annoyed the interrogators, as it took them out of their normal mode of operation. Most "victims" were crying or exuded fear. [Read More.](#)



DISCOVERY

EXPERIENTIAL RESEARCH PROGRAM

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Receive scientific validation.  
March 28 - April 3

Discovery Update: EEG-monitored Psi Study at Monroe, Part 2 — Participant Brain-Wave Analyses

by Judith Pennington, Mind Mirror Facilitator, Institute for the Awakened Mind

Although statistical increases show the effect of SAM gamma on brain waves and the brain, they do not tell the whole story. For example, one woman who had two OBEs and increased her Mystical Scale scores from 3 to 6 produced strong gamma throughout the week and ended the training with several life-enhancing insights. [Read More.](#)



ENERGY BODY

March 7-13

Explore the human body's various energy points.  
Learn how to stimulate vital organs to promote health.  
Connect with your personal power.

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journey into the afterlife state and be of service to others

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